

ParkerCare

- SUB-ACUTE CARE/
SHORT TERM
REHABILITATION
- LONG TERM CARE/
SKILLED NURSING
- ADULT DAY HEALTH CARE
- ALZHEIMER'S DAY CARE
- COMMUNITY HOSPICE
- DENTAL SERVICES
- LONG TERM
HOME HEALTH CARE
- PHYSICAL AND
OCCUPATIONAL THERAPY
- PHYSICIAN SERVICES



Adding Quality Time to Life

1-877-PARKER3

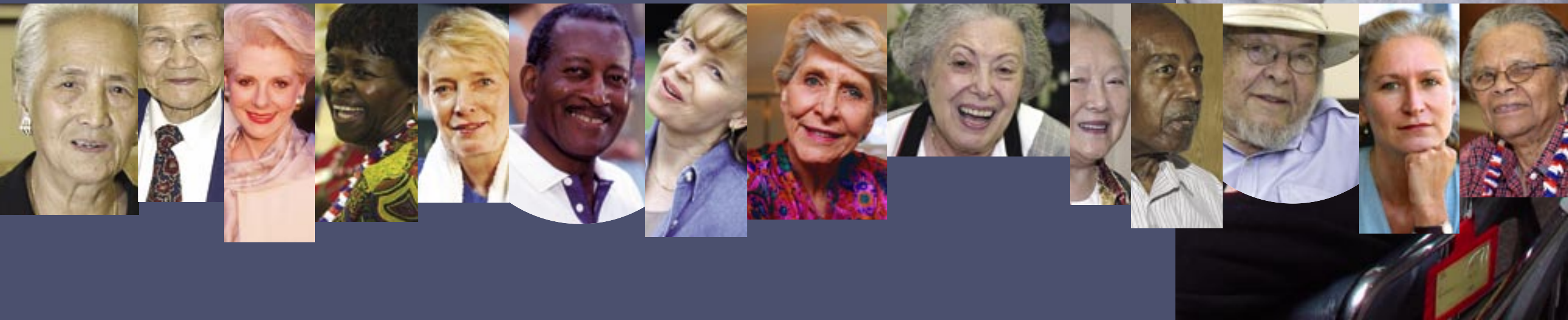
www.parkerinstitute.org

We Call It ParkerCare. You'll Call It A Miracle.

A BRIEF GUIDE
TO THE SERVICES OF
PARKER JEWISH
INSTITUTE FOR
HEALTH CARE AND
REHABILITATION



Adding Quality Time to Life



Advanced Medicine and Traditional Caring

Since its inception in 1907 as a shelter for 25 indigent men and women, Parker Jewish Institute has evolved into an internationally recognized 527-bed center for the health care and rehabilitation of adults, a leading academic campus for the training of health care professionals, and an important research center for studies related to aging.

The range and excellence of programs that have been developed by innovative professionals at Parker make it possible for men and women to move within a network of services geared to each stage of their recovery as well as their individual and family needs.

Parker's staff not only provides you with the best medical care, nursing and therapy, but also extends the hand of reassurance, the smile that warms the heart, and the words that say everything will be okay.

We call it PARKERCARE. You and your family will call it a miracle.

This guide is intended to provide you with a summary of the health care and rehabilitation services provided by Parker Jewish Institute. We invite you and your family to visit us, tour Parker, and see for yourself how we "add quality time to life". To schedule a tour or learn more about Parker's services, call, toll-free, 1-877-PARKER3.

Sincerely,

Michael N. Rosenblut
President and Chief Executive Officer



Sub-Acute Care/Short Term Rehabilitation

More than thirty years ago, Parker Jewish Institute pioneered short term rehabilitation for older adults. Today, the Institute's unique restorative therapy program, reflecting the lifestyle desired by seniors, promotes independence and rapid return to home after rehabilitation from the broad range of surgical procedures, stroke, amputation, injuries and illness. The average length of stay is two to six weeks.

The sub-acute rehabilitation program offers state-of-the-art rehabilitation and clinically complex care in a nurturing environment.

Distinguished in patient care, research and teaching, the Medical Department includes primary care physicians as well as specialists and a complete roster of consultants.

We offer favorable nurse to patient staffing ratios, and a nursing staff experienced in caring for complex medical and post-surgical needs that may include pneumonia, coronary bypass surgery, cardio-thoracic surgery, vascular surgery, and joint replacement.

Specialized treatments have been developed to deal with tracheotomies, I.V. therapy, pain management, chemotherapy and wound care management.

The Stroke and Neurological Rehabilitation program incorporates the most advanced techniques into individualized treatment plans that result in better outcomes and an earlier discharge to home.



“The top notch therapists at Parker worked very hard to get me back to the way I was before my hip surgery. My family is amazed at my progress. I feel that miracles were performed.”

Regaining Strength, Hope and Independence

- Short Term Rehabilitation
- Complex Medical Care
- Stroke Recovery
- Joint Replacement Rehabilitation
- Cardiac Rehabilitation
- Vascular Care
- Post-Surgical Care
- Prosthetic Management
- Wound Management

The interdisciplinary rehabilitation teams at Parker include physiatrists (physicians who specialize in physical medicine and rehabilitation), as well as physical, occupational and speech therapists, nurses, certified nursing assistants, recreation therapists, nutritionists, and social workers. There is a fully equipped kitchen, bedroom and bathroom for retraining purposes. Staff also fit prosthetic devices, and train patients in the use of adaptive equipment.

Additional PARKERCARE services are available to sub-acute care/short term rehabilitation patients, including:

- Food service to meet special dietary needs.
- 24-hour laboratory services.
- On-site pharmacy.
- Chaplaincy service.

Medicare, managed care, Medicaid, private pay and many insurance plans are accepted. For further information, call toll-free, 24-hours, 7 days a week: 1-877-PARKER3.



Long Term Care/Skilled Medical and Nursing Care

Long term care at Parker emphasizes the importance of a caring environment and quality of life. The professional staff develops individualized care plans for each resident, and interdisciplinary teams regularly review progress. Residents at Parker enjoy a home away from home that offers advanced medicine and traditional caring.

The medical staff at Parker is one of the largest, most highly trained of any similar facility in the country. Doctors are present 24 hours a day, seven days a week. Among its special services, the Institute provides on-site clinics in dentistry, ophthalmology, ear-nose-throat, radiology, orthopedics, podiatry and audiology, as well as psychiatry and psychology services.

Residents are cared for by “the Parker Nurse” —a special professional who reflects the highest levels of skill and compassion, and regularly takes part in training to advance skills and update knowledge.

Under the supervision of the Vice President of Patient Care Services, Nurse Managers have 24-hour responsibility for all aspects of resident care. Registered Nurses are on duty 24 hours to provide supervision, treatment and medication. You will be heartened by the close relationships that develop between residents and our Certified Nursing Assistants, who provide personal care assistance when necessary, and encourage independence where appropriate.

The rehabilitation potential of each resident is evaluated upon admission and throughout their stay at Parker. The Department of Physical Medicine and Rehabilitation provides individualized physical, occupational and speech therapy dedicated to achieving each resident’s maximum level of activity.



“After surgery and a 9-day stay at a hospital, my father was disoriented and frail. Parker’s doctors, nurses, nurse assistants, therapists and social workers restored his strength and his spirit.”

Advanced Care and Traditional Caring

- Skilled Medical and Nursing Care
- Occupational and Physical Therapy
- Speech Pathology
- Social Work Services
- Therapeutic Recreation
- Religious Services
- Nutrition Services
- Dental Care
- Eye Care
- Hearing Services
- Podiatry

The experienced professionals of Parker’s Social Work Department offer support and counseling, easing the transition to a long term care setting, and helping residents and their families cope with the impact of aging and illness. Assistance is provided for social, financial, psychological and family concerns.

Therapeutic Recreation specialists provide the social, creative and intellectual stimulation so vital to a resident’s emotional and physical well being. A computer center, live entertainment, exercise, games and arts & crafts are among the varied options of a recreation program that promotes a healthy leisure life, 365 days a year.

Parker’s dietary staff is responsible for the planning, preparation and delivery of nutritious meals and snacks. Parker is a certified Kosher facility, and is highly regarded for its superb, appetizing meals.

The Department of Pastoral Services, always available to residents and families, offers spiritual counseling. Religious services are held for all major faiths.

Medicare, managed care, Medicaid, private pay and many insurance plans are accepted. For further information, call toll-free, 24-hours, 7 days a week: 1-877-PARKER3.





Community Health Programs

Today, many older adults can avoid institutionalization, if they have the right support services.

The community health programs of Parker Jewish Institute help adults remain where they most want to be—in the comfort of their home. These innovative programs provide solutions that add quality time to life, for adults and their families:

Physician & Dental Services, and Physical/Occupational Therapy

Specialists in geriatric and dental medicine as well as physical and occupational therapists provide individualized treatments, rehabilitation, wellness care, consultations and evaluations. These services are provided at Parker's easy-to-reach Community Health Center in Lake Success. Parking is free. Transportation may be arranged. *Medicare, Medicaid and many insurance plans are accepted.*

Long Term Home Health Care

Participants in this comprehensive home health program may receive individualized medical and nursing services, physical and occupational therapy, social work counseling, homemakers, home health aides, housekeepers, personal care workers, medical supplies and equipment, and 24-hour telephone availability. *Medicare, Medicaid and many insurance plans are accepted.*

Alzheimer's Day Care Center

Sensitivity and stimulation for participants as well as relief and support for families are provided in a beautiful and safe environment, by highly trained professionals. Bathing, grooming and other personal care services are available. Flexible schedules of attendance are customized to meet family needs. Transportation may be arranged. *The Center accepts private pay. Long term care insurance will often reimburse families.*



Community Health Programs

Adult Day Health Care

Designed for the frail elderly and disabled, this program provides enjoyable, supervised activities, nursing and medical care, a superb hot meal, and door-to-door transportation, in the upbeat, ultra-modern setting of Parker's Community Health Center in Lake Success. *Medicaid and private pay are accepted.*

Hospice

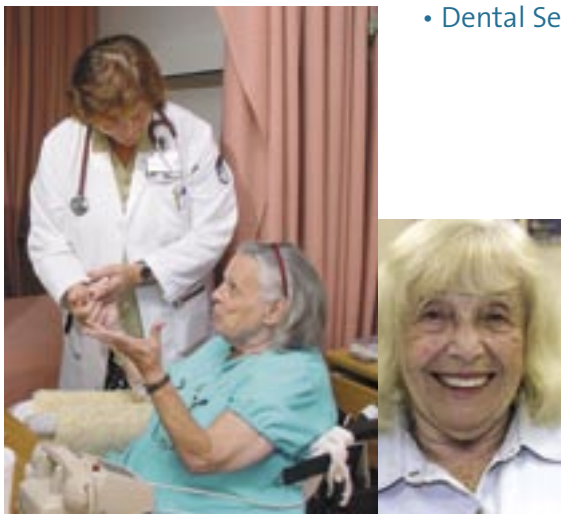
Parker's Community Hospice offers highly specialized care for terminally ill patients and support for their families, in their homes or in a contracted nursing facility. Skilled nursing, physician services, therapy, spiritual and social work counseling, home health aides, medical equipment, medications, and 24-hour on-call services are provided. The "Nechama" division of the Hospice provides comprehensive hospice services in a manner that is profoundly sensitive to the Jewish way of life. *Medicare, Medicaid and many insurance plans are accepted.*

For further information about any of Parker's community health programs, call toll-free, 24-hours, 7 days a week: 1-877-PARKER3.

"Because of Parker's Adult Day Health Care program, I was able to go back to work, take care of my children, shop and even see friends again—knowing that mom was having fun and receiving great medical care, too. And the best part was the end of day, listening to mom and her grandchildren at home, exchanging stories."

Helping adults remain where they most want to be—at home.

- Adult Day Health Care
- Alzheimer's Day Care
- Long Term Home Health Care
- Community Hospice
- Physical and Occupational Therapy
- Physician Services
- Dental Services





Teaching and Research

Parker Jewish Institute is at the forefront of medical training and research, a great benefit to its current patients and residents, and to future generations of mature adults.

In 1975, Parker established the first Geriatric Fellowship Program in the United States. Today's Parker is a leading academic center for the training of physicians who wish to specialize in the care of older adults. Parker is a teaching affiliate of Albert Einstein College of Medicine and Long Island Jewish Medical Center.

Student and graduate training takes place in dental medicine as well as the departments of nursing, social work, physical medicine and rehabilitation, pharmacy and research. Physician assistants also participate in training programs at the Institute.

Parker's Nerken Center for Research is a clinical and health services research center dedicated to the study of emerging issues of aging. It has engaged in significant studies related to sub-acute and long term care, staff/patient communication, Alzheimer's disease, anemia, antibiotics, depression, flu, osteoporosis, advance directives, and palliative care.

The Center conducts research seminars, supervises an internship program in research, provides support and technical assistance to Parker's staff, and organizes educational seminars for health care professionals, pharmaceutical executives and community groups.

The work of the Nerken Center for Research at Parker will help future generations of seniors live healthier, longer, more productive lives.

"It was wonderful to be a Fellow at a nationally recognized program...I learned the value of the team approach and of treating the whole patient."

For further information, call toll-free, 24-hours, 7 days a week: 1-877-PARKER3.

Travel Directions Parker Jewish Institute, Main Building

Sub-Acute Care/Short Term Rehabilitation • Long Term Care • Alzheimer's Center

Located at the Queens-Nassau border, Parker's main building is on the same medical campus as Long Island Jewish Medical Center, off Lakeville Road. You may call 1-877-PARKER3, or follow the directions below.

By Auto

Long Island Expressway: Exit 33-Lakeville Road. Proceed south for one mile to entrance of Long Island Jewish Medical Center on right. Follow signs to Parker Jewish Institute and its own parking lot, which offers valet parking.

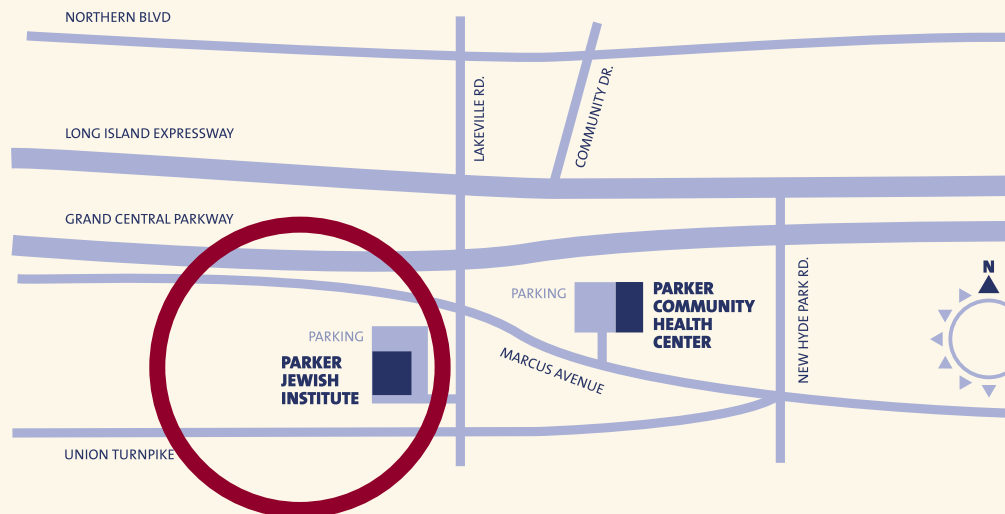
Grand Central/Northern State Parkway: Exit 25-Lakeville Road/Lakeville Road South. Proceed south on Lakeville Road to the entrance of Long Island Jewish Medical Center on right. Follow signs to Parker Jewish Institute and its own parking lot, which offers valet parking.

By Rail

The Long Island Railroad Port Washington line to the Great Neck Station, or the Port Jefferson line to the New Hyde Park Station. The N-25 bus from each station stops across the street from the entrance to the campus.

By Bus

The New York City Q46 bus (City Line-Long Island Jewish) stops on campus, just steps from Parker Jewish Institute. The Q46 runs along Union Turnpike, beginning in Kew Gardens.



Travel Directions Parker's Community Health Center

Adult Day Health Care • Physician & Dental Services • Physical & Occupational Therapy • Offices of Long Term Home Health Care and Hospice Programs

Parker's ultra-modern Community Health Center is located on a beautiful campus, at 3000 Lake Success Quadrangle, off Marcus Avenue. You may call 1-877-PARKER3 or follow the directions below.

By Auto

Long Island Expressway or Grand Central/Northern State Parkway–New Hyde Park Road South (Exit 34 on LIE, Exit 26S on GC/NS) to Marcus Avenue. Make right onto Marcus. At second light, make right into 3000 Lake Success Quadrangle. Proceed straight to blue Parker awning. Please park only in spots designated for Parker patients.

By Rail-Bus

The Long Island Railroad Port Washington line to Great Neck, or the Port Jefferson line to New Hyde Park, and the N25 bus to Marcus Avenue. The bus stop is located just outside the Lake Success Quadrangle. The Parker Community Health Center is at 3000 Lake Success Quadrangle and is fronted with a bright blue Parker awning.

